

## Who is eligible for Night OWLS?

- ♥ Families with children who have special needs like Down syndrome, cerebral palsy, autism or behavioral issues
- ♥ Children age 1 month to 12 years
- ♥ Siblings are invited to participate
- ♥ Night OWLS is offered without cost to families in the community as a ministry of HPUMC
- ♥ Families complete an application on each child

## What can a volunteer do?

- ♥ Night OWLS is on the first and third Friday of each month and requires a 5 or 10 hour commitment per month
- ♥ The Family Retreat weekend needs volunteers from Friday to Sunday once a year
- ♥ The Loving Lambs Sunday School utilizes Night OWLS volunteers for 1 hour each Sunday

**Every volunteer must attend annual training which is offered twice a year; read and comply with policies and training manual; and submit and receive approval from a Criminal History Background Check as required by HPUMC.**

For information about Night OWLS and family or volunteer applications, contact:

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# Night OWLS

Night Out With Loving Sitters



Respite programs for children with special needs and their families who face unusual emotional or physical challenges.



HIGHLAND PARK  
UNITED METHODIST CHURCH

Night OWLS is

growing and  
expanding because  
there is a need.

Our respite programs  
are based on  
emotional, spiritual,  
and social growth.

## EMOTIONAL

### ♥ Mom's Support Group

Night OWLS mothers with common needs gather monthly for spiritual support.



## SPIRITUAL

### ♥ Night OWLS

Twice a month, trained volunteers provide an evening of care and fun for children with special needs and their siblings. The volunteers provide individualized care for each child and participates in pre-planned activities and events according to each child's interest.

Nurses and therapists also are present to assist with any medical needs. Night OWLS is held on the first and third Friday of each month from 6:00 p.m. to 10:00 p.m.



### ♥ Loving Lambs Sunday School

Volunteers and teachers provide spiritual education every Sunday for the children with special needs.

## SOCIAL

### ♥ Family Retreat

Once a year Night OWLS families enjoy rest and renewal at Camp John Marc while volunteers help organize and facilitate activities for the families.

### ♥ Mom's Retreat

An annual weekend with worship and support for Night OWLS mothers who share a common journey.

### ♥ Sibling Support Day

At least twice a year, Night OWLS offers brothers and sisters the opportunity to get together and express their ideas and feelings about having a sibling with special needs.

